



K24U 0749

Reg. No. :

Name :

IV Semester B.Sc./B.A. Degree (C.B.C.S.S. – O.B.E. –Regular/
Supplementary/Improvement) Examination, April 2024
(2019 to 2022 Admissions)

COMPLEMENTARY ELECTIVE COURSE IN PSYCHOLOGY FOR B.A.
PHILOSOPHY

4C08PSY : Soft Skills for Personal Development

Time : 3 Hours

Max. Marks : 40

PART – A
(Short Answer)

All questions are mandatory.

1. Self esteem
2. Communication skills
3. PAC
4. Conflict
5. Eustress
6. Coping skills.

(6×1=6)

PART – B
(Short Essay)

Answer any 6 out of 8 :

7. Explain communication cycle.
8. Explain self concept.

P.T.O.

K24U 0749



9. Explain presentation skills.
10. What are the characteristics of soft skills ?
11. What is body language ?
12. Explain team building.
13. Explain emotional intelligence.
14. What is hostility ?

(6×2=12)

PART – C
(Essay)

Answer any 4 out of 6 :

15. What are the dimensions of soft skills ?
16. Describe development of assertive communication style.
17. Explain the great man theory.
18. Explain relaxation.
19. Explain contingency theory of leadership.
20. How to manage communication apprehension ?

(4×3=12)

PART – D
(Long Essay)

Answer any 2 out of 4 :

21. Explain misconceptions and dimensions of soft skills.
22. Explain about coping skills.
23. Write an essay on non verbal communication.
24. Explain various theories of transactions.

(2×5=10)