



K20P 1072

Reg. No. :

Name :

**III Semester M.A. Degree (CBSS – Reg./Suppl./Imp.)
Examination, October 2020
(2014 Admission Onwards)
PHILOSOPHY
PHI3E03 : Yoga : Philosophy and Practice**



Time : 3 Hours

Max. Marks : 60

PART – A

Answer **any one** question. Answers should **not** exceed **800** words. **Each** answer carries **15** marks.

1. Define Yoga. Describe Patanjali's account of Yoga.
2. Comment on the relevance of Yoga in the field of therapeutics. **(1×15=15)**

PART – B

Answer **any three** questions. Answers should **not** exceed **400** words. **Each** answer carries **10** marks.

3. Give an account of the three pathways to God as expounded in the Bhagavad Gita.
4. Account for Integral Yoga of Sri Aurobindo.
5. Explain Hatha Yoga as expounded by Swami Vivekananda.
6. Write a note on the concept of Klesas.
7. Explain the concept of Isvara in Patanjali's Yoga. **(3×10=30)**

PART – C

Answer **any three** questions. Answers should **not** exceed **200** words. **Each** answer carries **5** marks.

8. Write a note on Buddhist Yoga.
9. Explain Siddhis.
10. Elucidate the notion of liberation (Kaivalya).
11. Explain Satkaryavada.
12. Write a note on triguna. **(3×5=15)**