



K15P 0027

Reg. No. :

Name :

**Third Semester M.A./M.Sc./M.Com. Degree (Reg./Supple./Improve.)
Examination, November 2015
PHILOSOPHY
(2014 Admn.)
PHI 3E 03 : Yoga, Philosophy and Practice**

Time : 3 Hours

Max. Marks : 60

PART – A

Answer **any one** question. Answers should **not** exceed **800** words. **Each** answer carries **15** marks.

1. Explain the structure and content of Yoga Sutra of Patanjali.
2. Discuss Bhakti-Yoga, Karma-Yoga and Jnana-Yoga as narrated in the Bhagwad Gita. (1×15=15)

PART – B

Answer **any three** questions. Answers should **not** exceed **400** words. **Each** answer carries **10** marks.

3. Explain Raja Yoga as expounded by Swami Vivekananda.
4. What is Cittavrtti ? Discuss.
5. Write a note on Yama and Niyama.
6. Explain the various forms of Samadhi.
7. Examine the role of Yoga in the treatment of digestive disorders. (3×10=30)

P.T.O.



PART - C

Answer **any three** questions. Answers should **not** exceed **200** words. **Each** answer carries **5** marks.

8. What is Klesas ?
9. Explain Pranayama.
10. Evaluate the concept of Isvara in Patanjali's Yoga.
11. Write a note on Siddhis.
12. Explain Kaivalya.

(3×5=15)